



Pregnant? Need Support?

Kids Are First, Inc. Head Start/ Early Head Start
is
NOW ENROLLING
PREGNANT MOMS

We can answer your questions and help you stay healthy during your pregnancy and after the baby comes.

» Our program will prepare you to:

- ◆ Know what to expect each month during pregnancy
- ◆ Enroll your baby into Early Head Start
- ◆ Find resources that your family needs
- ◆ Meet your own goals for school and work



Requirements to Participate:

- ◆ Pregnant— 1st and 2nd Trimester
- ◆ Low Income
- ◆ Want to enroll baby into Early Head Start

Services Include:

- ◆ Educational Activities
- ◆ Qualified—Nurturing Teachers
- ◆ Nutritious Meals
- ◆ Family Services
- ◆ Serving Children with Disabilities
- ◆ High Quality Care at No Cost to You

For More Information Contact:

Carrizo - (830)876-9293: Lizandra Salas or Dahlia Martinez
Cotulla - (830)879-4524: Marissa Garcia
Pearsall - (830)334-9290: Brenda Elizondo or Veronica Yanez

Eagle Pass Area:

Las Colonias - (830)758-0757: Alejandra Garza or Veronica Menchaca
LBJ - (830)757-4425: Javier Sandoval, Bertha Barro or Byanka Longoria

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